



Wong's Martial Arts Academy  
**CLASS SCHEDULE**  
 JULY 2009

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00 am to 10:00 am						Tai Chi (when schedule permits)
5:00 pm to 6:00 pm			Wushu Youth Program		Wushu Youth Program	
6:00 pm to 7:00 pm	Self Defense and Combat	Self Defense and Combat	Wushu	Kung Fu	Advanced Wushu	
7:00 pm to 8:00 pm	Kung Fu and Beginner Wushu	Self Defense and Combat	Sparring	Kung Fu		
8:00 pm to 9:00 pm	Tai Chi		Tai Chi			

At Wong's Martial Arts Academy, our goal is to help each student achieve excellence in both, martial arts practice and in their lives. We focus on a classic martial arts philosophy that emphasizes achieving balance in life in order to become healthier and happier.

1027B Detroit Avenue  
 Concord, California 94518  
 (near Costco in Concord)  
 925-686-9664  
 info@wongsmartialarts.com  
 www.wongsmartialarts.com